



ASPIRE'S HOME MADE MEAL SERVICE

We understand the importance of enjoying a healthy balanced diet, which is why all our meals are nutritionally balanced, and locally sourced.

We will deliver your frozen ready meals on the days you require one of our services, we can then prepare your meal for you, or pop it in the freezer for you to enjoy at a later date.

Savoury Pies	Ind	Serves 2	Serves 4-6
Chicken	£2.80	£4.20	£7.00
Minced Beef	£2.80	£4.20	£7.00
Steak & Ale	£2.80	£4.20	£7.00
Steak & Kidney	£2.80	£4.20	£7.00

Savoury Dishes	Small	Medium	Large
Suet, Steak & Kidney Pudding	£2.60		
Suet, Steak Pudding	£2.60		
Beef Stew & Dumplings	£3.50		
Lamb Stew & Pearl Barley	£3.50		
Cottage Pie	£3.50		£12.00
Cheese & Potato Pie	£3.60		
Chilli Con Carne	£3.50		
Beef Lasagne	£4.00		£12.00
Fish Pie	£3.50		
Vegetable Lasagne	£3.50		
Vegetarian Nut Roast	£3.80	£7.00	
Assorted Quiches	£2.00	£4.00	£10.00

Sweet Dishes	Small	Medium
Apple Pie	£1.50	£2.80
Cherry Pie	£1.50	£2.80
Apple & Cherry Crumble		£2.00